USER GUIDE

KEO PEDAL TO PLATFORM CONVERTERS

Two PA6 platforms that clip onto your KEO-type clipless pedals just like a shoe: ride in trainers, then pull them off in one move. Nothing is removed, nothing is modified.



REF. CONVERTPEDALKEOBLCK · KEO-TYPE PEDALS · PA6, 67 × 63 MM, 75 G PER PAIR

01 · GETTING STARTED

CLIP ON, RIDE, PULL OFF

When it helps

- A **ride across town** or an errand on the road bike, in ordinary shoes.
- **Warming up**, cooling down, an easy ride with the children, without clipping in.
- A **bike lent** to someone without cycling shoes, or a position check on the indoor trainer.
- Between uses, the pair fits in a jersey pocket or a saddle bag.

Fitting

1. **Check the pedal:** a KEO-type mechanism (Look's road standard and compatible pedals). If a KEO cleat clips in, so does the converter.
2. **Hook the front** of the converter under the pedal's front stop, like the nose of a cleat, then press the rear down until it clicks.
3. **Check the lock:** pull upwards and twist by hand. The platform must neither lift nor rattle.
4. **Repeat on the other pedal,** then turn the cranks a few times standing still, one foot on the ground, before setting off.
5. **To remove,** twist the converter outwards by hand, like a heel unclipping: it releases. Store the pair somewhere dry.

Specifications

Pedals	**KEO type**	Use	**Road bike**
Material	**PA6**	Dimensions	**67 × 63 mm**
Weight	**75 g per pair**	Colour	**Black**
Contents	**One pair**		

SAFETY

- **Never** modify the pedal or its spring to make fitting easier: if the converter will not go in, it is not the right pedal.
- Before every ride, check by hand that both platforms are locked.
- This is not a mountain bike flat pedal: no pins. A smooth sole on a wet road calls for care.

PEDAL HARD TO CLIP INTO

Lower the pedal's release tension with its adjustment screw, as you would for a new cleat: the converter goes on and comes off more easily.

02 · DAY TO DAY

RIDING, CARE, TROUBLESHOOTING

Riding a road bike in trainers

The 67 × 63 mm platform gives a street shoe about the same footing as a basic flat pedal: enough to pedal seated, stand on the pedals at low effort and brake to a stop. It is not made for sprinting or for pulling up on the pedals.

Put the ball of the foot in the middle of the platform, over the axle. A shoe with a flat, supple sole grips better than a heavily curved running sole.

In the rain, the footing is less secure than with a clipped-in shoe: brake early and avoid sharp accelerations.

Care

- Rinse with water and dry: PA6 does not mind water or mud, but grit stuck in the pedal gets in the way of the lock.
- Inspect the converter's front nose and rear heel now and then: if they are rounded or cracked, replace the pair.
- Store the converters out of the sun: a pocket, a bag, a drawer.

IF SOMETHING GOES WRONG

- **It will not go in**: the pedal is not KEO type (SPD-SL and SPD use other mechanisms), or the tension is set to maximum. Lower it.
- **It moves on the pedal**: it is not fully engaged, or the pedal's stop is dirty. Remove, clean, refit until it clicks.
- **It is hard to remove**: high pedal tension. Lower it a notch rather than forcing it sideways.
- **Clicking while pedalling**: a half-engaged converter. Stop and clip it in again.



Non-slip top face and, underneath, the profile that engages in the pedal like a cleat.

GOOD HABIT

A converter is for a ride, not for the whole season: take it off before going back to your cycling shoes, and check the lock every time you fit it.

Need help?

velkyne.com/contact

Our team answers your questions about use and compatibility.